

Nicole Lafko Breslend

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EDUCATION

- August 2012 –
May 2017 **Ph.D.**, General/Experimental Psychology
Developmental Psychology*, Developmental Psychopathology Concentration
University of Vermont, Burlington, Vermont
Thesis: *Relational, Indirect, and Social Aggression: Measure Development for Emerging Adults*
Advisor: Dr. Dianna “Annie” Murray-Close, *Developmental Psychology Faculty*
Co-Advisor: Dr. Rex Forehand, *Clinical Psychology Faculty*
Graduate of the University of Vermont Graduate Teaching Program
- March 2015 **M.A.**, General/Experimental Psychology
Developmental Psychology
University of Vermont, Burlington, Vermont
Thesis: *Susceptibility to Peer Influence for Engagement in Relational Aggression and Prosocial Behavior: The Roles of Popular Peers, Stress Physiology, and Gender*
Advisor: Dr. Dianna “Annie” Murray-Close
- May 2012 **B.A.**, Psychology with college honors, *Cum Laude*
University of Vermont, Burlington, Vermont
Dean’s List recognition, Psychological Science Departmental Honors
Thesis: *Functions of Relational Aggression and Disordered Eating Behavior: The Moderating Role of Relational Victimization and Gender*
Advisor: Dr. Dianna “Annie” Murray-Close

PROFESSIONAL EXPERIENCE

- Fall 2019-
Present **Lecturer**, Psychological Science, University of Vermont
- Spring 2018-
Present **Program Evaluator**, Child Welfare Training Partnership, University of Vermont
- Fall 2017-
Spring 2019 **Adjunct Lecturer**, Psychological Science, University of Vermont
- June 2017-
September 2019 **Research Assistant Professor**, Psychological Science, University of Vermont
- Member of the University of Vermont Graduate College Faculty

CLINICAL EXPERIENCE*

- November 2019 Passed the Examination for Professional Practice in Psychology (EPPP)
- June 2019 Approved by Vermont Board of Psychological Examiners to attain licensure as
Psychologist-Doctorate pending completion of remaining supervised hours

* Switched from Clinical Ph.D. Program to General/Experimental Ph.D. Program in December 2014 but completed Developmental Psychopathology Concentration

2020 - Present	Essex Pediatrics, Essex, VT Supervised Post-Doctoral Psychological Clinician Supervisor: Dr. Cath Burns
2020 - Present	Vermont Psychological Services, Burlington, VT Supervised Post-Doctoral Psychological Clinician Supervisor: Dr. Rex Forehand
2013-2014	Behavior Therapy and Psychotherapy Center, University of Vermont, Burlington, VT <i>Program Developer of the Adult ADHD Specialty Service</i> Supervisor: Dr. Kathleen Kennedy
2013-2014	Behavior Therapy and Psychotherapy Center, University of Vermont, Burlington, VT <i>Pre-Doctoral Clinician for Connecting Cultures</i> Description: Provided comprehensive assessments and treatment under the supervision of a licensed clinical psychologist for adolescent and adult refugees referred for Post-Traumatic Stress and related disorders Supervisor: Dr. Karen Fondacaro
2013-2014	Behavior Therapy and Psychotherapy Center, University of Vermont, Burlington, VT <i>Pre-Doctoral Clinician for Child and Adolescent Anxiety Service</i> Description: Provided comprehensive assessments and evidence-based treatment under the supervision of a licensed clinical psychologist for children and adolescents referred for anxiety and related disorders Supervisor: Dr. Teresa Scott
2012-2014	Behavior Therapy and Psychotherapy Center, University of Vermont, Burlington, VT <i>Program Developer and Pre-Doctoral Clinician for Tic Disorders and Obsessive Compulsive Spectrum Disorders Specialty Service</i> Description: Provided comprehensive assessments and evidence-based treatment under the supervision of a licensed clinical psychologist for children, adolescents, and adults referred for tic and obsessive-compulsive spectrum disorders Supervisors: Dr. Rex Forehand and Dr. Teresa Scott
2012-2013	Behavior Therapy and Psychotherapy Center, University of Vermont, Burlington, VT <i>Pre-Doctoral Clinician for ADHD Specialty Service</i> Description: Provided comprehensive assessments and evidence-based treatment under the supervision of a licensed clinical psychologist for children and adolescents referred for ADHD. Supervisor: Dr. Betsy Hoza

CONSULTING

November 2019 – Present	Curriculum Consultant, <i>Helping the Noncompliant Child Program in Pediatric Settings</i> Consultee: Project Launch Upper Valley (SAMHSA), <i>Dartmouth-Hitchcock Medical Center</i>
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AWARDS AND HONORS

May 2021	University of Vermont Graduate Student Senate Excellence in Teaching Award <ul style="list-style-type: none"> • <i>“The Excellence in Teaching Award is given to a faculty member who teaches graduate students, making an impact through teaching in their subject area.”</i>
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- May 2015 University of Vermont Graduate Teaching Assistant of the Year
- *“The Graduate Teaching Assistant of the Year Award recognizes annually the accomplishments of GTAs who have demonstrated unusual excellence and creativity in their teaching and commitment to student learning... two awards are given each year, one for GTAs who have served as the primary instructor in a lecture based course, one for teaching assistants who have served as laboratory instructors.”*
- February 2015 Department of Psychological Science Graduate Teaching Assistant of the Year, University of Vermont
- January 2013, March 2012 University of Vermont College of Arts and Sciences Conference Travel Award: Ronald Suiter Prize
- May 2012 Psychological Science Departmental Honors: Donald G. Forgays Outstanding Senior Award
- *“This award is given annually to a senior psychological science major who has demonstrated outstanding scholarship in all courses in Art and Sciences as well as achievement in independent research and scholarship. This awardee has among the highest Grade Point Averages of psychological science majors and has completed notable scholarly projects in or out of the classroom.”*
- May 2012 Alpha Kappa Delta: Inducted into the International Sociology Honor Society University of Vermont Chapter
- May 2011 Psi Chi: Inducted into the Psychology National Honor Society University of Vermont Chapter

TEACHING EXPERIENCE

Instructor: Graduate Courses

- Spring 2021 *Child Behavior Therapy*, University of Vermont
Instructor Rating: 4.93/5.0
- Fall 2020 *Child Psychopathology*, University of Vermont
Instructor Rating: 4.73/5.0
- Spring 2020 *Developmental Proseminar*, University of Vermont
Instructor Rating: 4.76/5.0
- Spring 2020 *Advanced Statistical Methods II*, University of Vermont
Instructor Rating: 4.78/5.0
- Fall 2019 *Advanced Statistical Methods I*, University of Vermont
Instructor Rating: 4.8/5.0
- Fall 2019 *History of Psychology and the Profession*, University of Vermont
Instructor Rating: 5.0/5.0
- Spring 2019 *Child and Adolescent Behavior Therapy*, University of Vermont
Instructor Rating: 4.33/5.0
- Spring 2019 *Child and Adolescent Psychopathology*, University of Vermont

Instructor Rating: 4.42/5.0

Fall 2017 *Child and Adolescent Psychopathology*, University of Vermont
Instructor Rating: 4.38/5.0

Instructor: Undergraduate Courses

Summer 2021 *Introduction to Psychology (Online)*, University of Vermont
Instructor Rating: 4.67/5.0

Summer 2021 *Statistics for Psychological Science (Online)*, University of Vermont
Instructor Rating: 3.89/5.0

Summer 2021 *Statistics for Psychological Science (Online)*, University of Vermont
Instructor Rating: 3.96/5.0

Spring 2021 *Introduction to Clinical Psychology (Hybrid)*, University of Vermont
Instructor Rating: 4.55/5.0

Spring 2021 *Introduction to Psychology (Online)*, University of Vermont
Instructor Rating: 4.10/5.0

Fall 2020 *Introduction to Clinical Psychology (Hybrid)*, University of Vermont
Instructor Rating: 4.84/5.0

Fall 2020 *Introduction to Psychology (Hybrid)*, University of Vermont
Instructor Rating: 4.65/5.0

Summer 2020 *Introduction to Psychology (Online)*, University of Vermont
Instructor Rating: 4.65/5.0

Summer 2020 *Statistics for Psychological Science (Online)*, University of Vermont
Instructor Rating: 4.43/5.0

Spring 2020 *Introduction to Clinical Psychology (Hybrid)*, University of Vermont
Instructor Rating: 4.91/5.0

Summer 2016 *Developmental Psychology*, University of Vermont
Instructor Rating: 2.8/3.0 (summer ratings on a 3.0 scale)

Fall 2015 Co-Instructor, *Developmental Psychology*, University of Vermont
Co-Instructor: Dr. Dianna "Annie" Murray-Close
Instructor Rating: 4.2/5.0

Laboratory Instructor

Spring 2017 Laboratory Instructor and Graduate Teaching Assistant, *Advanced Statistical Methods II: Graduate Seminar*, University of Vermont
Course Instructor: Dr. Tim Stickle
Lab Instructor Rating: 5.0/5.0

Spring 2013 Laboratory Instructor and Graduate Teaching Assistant, *Research Methods II: Statistics*, University of Vermont

Course Instructor: Dr. Keith Burt
Graduate Teaching Assistant Rating: 4.6/5.0 section A; 4.2/5.0 section B

Independent Study Instructor

- Spring 2018 Instructor, *Clinical Interventions for Disorders of Childhood & Adolescence*, University of Vermont
Course Sizes: Four undergraduate students
Instructor Ratings: 5.0/5.0
- Spring 2017,
Spring 2015 Co-Instructor/ Graduate Mentor, *Childhood Anxiety and OC Spectrum Disorders: Etiology and Treatment*, University of Vermont
Co-Instructor: Dr. Rex Forehand
Course Sizes: Four to five undergraduate students
Instructor Ratings: 5.0/5.0
- Fall 2016,
Fall 2014 Co-Instructor/ Graduate Mentor, *Methods of Delivery of Treatment for Early Conduct Problems*, University of Vermont
Co-Instructor: Dr. Rex Forehand
Course Sizes: Five undergraduate students
Instructor Ratings: 4.8/5.0 - 5.0/5.0
- Spring 2016 Co-Instructor/ Graduate Mentor, *Clinical Interventions for Disorders of Childhood & Adolescence*, University of Vermont
Co-instructors: Dr. Rex Forehand & Virginia Peisch, M.Sc.
Course Size: Three undergraduate students
- Fall 2015
Fall 2017 Co-Instructor/ Graduate Mentor, *Coding Parent/Child Interactions*, University of Vermont
Co-Instructor: Dr. Rex Forehand
Course Size: Four undergraduate students
Instructor Rating: 5.0/5.0 – 5.0/5.0
- Fall 2015,
Spring 2015,
Fall 2014 Co-Instructor/ Graduate Mentor, *Independent Study in the Social Development Lab*, University of Vermont
Co-Instructor: Dr. Dianna “Annie” Murray-Close
Course Size: Seven to ten undergraduate students
- Spring 2013 Co-Instructor/ Graduate Mentor, *Peer Relationships and Adjustment in Childhood, Adolescence, and Emerging Adulthood- Developing a Conference Presentation*, University of Vermont
Co-Instructor: Dr. Dianna “Annie” Murray-Close
Course Size: Four undergraduate students
- Fall 2012 Co-Instructor/ Graduate Mentor, *Peer Relationships and Adjustment in Childhood, Adolescence, and Emerging Adulthood- Developing a Research Project Proposal*, University of Vermont
Co-Instructor: Dr. Dianna “Annie” Murray-Close

Course Size: Four undergraduate students

Graduate Teaching Assistant

- Spring 2015 Graduate Teaching Assistant, *Social Psychology*, University of Vermont

Instructor: Dr. Susan Fenstermacher
Graduate Teaching Assistant Rating: 4.4/5.0

Spring 2014 Graduate Teaching Assistant, *Developmental Psychology*, University of Vermont
Instructor: Dr. Jamie Abaied
Graduate Teaching Assistant Rating: 4.4/5.0

Fall 2013 Graduate Teaching Assistant, *Developmental Psychology*, University of Vermont
Instructor: Dr. Susan Fenstermacher
Graduate Teaching Assistant Rating: 4.4/5.0

Fall 2012 Graduate Teaching Assistant, *Developmental Psychology*, University of Vermont
Instructor: Dr. Dianna “Annie” Murray-Close
Graduate Teaching Assistant: 4.2/5.0

Spring 2011 Undergraduate Teaching Assistant, *Developmental Psychology*, University of Vermont
Instructor: Dr. Dianna “Annie” Murray-Close

Guest Lectures

Spring 2017,
Spring 2015 Guest Lecture: Obsessive Compulsive Spectrum Disorders, *Child Behavior Therapy: Graduate Seminar*, University of Vermont
Instructor: Dr. Rex Forehand

Spring 2015 Guest Lecture: Research Methodology in Relational Aggression and Victimization Research, *Research Methods*, Burlington College, Vermont
Instructor: Jeffrey Winer, M.A.

Spring 2015,
Spring 2014 Guest Lecture: Relational Aggression and Victimization, *Bullying and Youth Violence Prevention*, University of Vermont, Department of Education
Instructor: Dr. Bernice Garnett

Fall 2014 Guest Lecture: Eating Disorders, *Behavior Disorders of Childhood*, University of Vermont
Instructor: Dr. Keith Burt

Spring 2014 Guest Lecture: Research Methodology in Developmental Psychology, *Developmental Psychology*, University of Vermont
Instructor: Dr. Jamie Abaied

Spring 2014 Guest Lecture: Social Development, *Developmental Psychology*, University of Vermont
Instructor: Dr. Jamie Abaied

Summer 2014 Guest Lecture: Obsessive Compulsive Spectrum Disorders, *Behavior Disorders of Childhood*, University of Vermont
Instructor: Justin Parent

Fall 2013,
Fall 2012 Guest Lecture: Peer Relationships, *Developmental Psychology*, University of Vermont
Instructor(s): Dr. Susan Fenstermacher & Dr. Dianna “Annie” Murray-Close

ADDITIONAL TEACHING EXPERIENCES

September 2015 – May 2017 *University of Vermont Graduate Teaching Program*, Burlington, Vermont

- “This program, designed for graduate students who are interested in pursuing teaching in higher education, provides: practices and strategies to prepare one to teach a wide variety of students, a supportive community encouraging professional development, and support for preparing a teaching portfolio.”
- Completed all requirements

Summer 2013

Completed *Preparing to Teach a Psychology Course*, University of New Hampshire

RESEARCH FUNDING

Funding Source: Child and Adolescent Psychology Training and Research, Inc.

Title: Trauma-Informed Behavioral Parent Training for Foster Caregivers: A Secondary Analysis

Investigators: **Nicole Lafko Breslend** & Rex Forehand

Amount of Award: \$3,803

Funding Period: 4/22/19 – 4/22/20

Funding Source: State of Vermont

Title: Curriculum and Smartphone App Development to Improve Parenting of Substance Abusing Parents with Children in the Vermont Child Welfare System

Primary Investigator: **Nicole Lafko Breslend**

Co-Investigators: Rex Forehand & Jessica Strolin

Amount of Award: \$175,000 (*awarded; funding rescinded due to statewide budgetary complications*)

Funding Source: University of Vermont REACH Grant

Title: Smartphone App Development to Improve Welfare of Children of Opioid Dependent Parents

Investigators: Rex Forehand, Stacey Sigmon, Matthew Price & **Nicole Lafko Breslend**

Amount of Award: \$30,000

Funding Period: 5/1/17 – 8/31/20

Funding Source: Child and Adolescent Psychology Training and Research, Inc.

Title: Using Technology to Enhance Delivery of Evidence-Informed Parent Management Training for Foster Caregivers: A Pilot Test of the iFoster Mobile App

Investigators: Rex Forehand, Jessica Strolin, & **Nicole Lafko Breslend**

Amount of Award: \$5,860

Funding Period: 4/1/17 – 3/30/18

Funding Source: University of Vermont College of Arts and Sciences College Seed Grant Award Fund

Title: Intervention for Opioid Dependent Parents

Investigators: Rex Forehand, Jessica Strolin, & **Nicole Lafko Breslend**

Amount of Award: \$5,400

Funding Period: 2/1/17 – 6/30/18

Funding Source: F&A/CE Funds

Title: Relational, Indirect, and Social Aggression: Measure Development for Emerging Adults

Investigator: **Nicole Lafko Breslend**

Amount of Award: \$1,950

Funding Period: 3/15/16 – 5/31/16

Funding Source: Child and Adolescent Psychology Training and Research, Inc.

Title: The Impact of Parental Stress Physiology on Social Adjustment in Youth with ADHD

Investigators: Dianna “Annie” Murray-Close, **Nicole Lafko**, & Erin K. Shoulberg

Amount of Award: \$4,412

Funding Period: 11/12/12 – 5/12/14

Funding Source: Undergraduate Research Award –Summer Internship

Title: Proactive and Reactive Functions of Relational Aggression Relating to Internalizing Symptoms: Peer Mechanisms of Influence

Primary Investigator: **Nicole Lafko**

Faculty Sponsor: Dianna “Annie” Murray-Close

Amount of Award: \$1,500 + \$3,500 stipend

Funding Period: 6/1/11- 7/24/11

JOURNAL PUBLICATIONS

- Parent, J., Anton, M., Loiselle, R., Highlander, A., **Breslend, N.L.**, Forehand, R., Hare, M., Youngstrom, J.K., & Jones, D. (2022). A randomized controlled trial of technology-enhanced behavioral parent training: sustained parent skill use and child outcomes at follow-up. *Journal of Child Psychology and Psychiatry*, *63*(9), 992 - 1001. doi:10.1111/jcpp.13554
- Forehand, G., Gotzman-Strolin, J., Schisler, A., Hemenway, A., **Breslend, N.L.**, Sullivan, A., & Forehand, R. (Accepted 9/10/19). Triangulating perspectives to inform the development of a smartphone application for foster, kinship, and adoptive parents: Findings from consumer focus groups and key informant interviews. *Journal of Technology in Human Services*.
- Sullivan, A. D., Benoit, R., **Breslend, N.L.**, Compas, B., Vreeland, A. & Forehand, R. (2019). Cumulative risk of socioeconomic status factors in the context of a history of parent depression: Are there associations with child outcomes? *Journal of Family Psychology*, *33*, 883-393. <https://doi.org/10.1037/fam0000567>
- Sullivan, A., **Breslend, N.L.**, Gotzman-Strolin, J., Bielawski-Branch, A., Jorgenson, J., Deaver, A., Forehand, G., & Forehand, R. (2019). Feasibility Investigation: Leveraging Smartphone Technology in Trauma-Informed Behavioral Parent Training for Foster Caregivers. *Child and Youth Services Review*, *101*, 363-371. doi: 10.1016/j.childyouth.2019.03.051
- McQuade, J., Murray-Close, D., & **Breslend, N.L.**, Blada, K., Kim, M., & Marsh, N. (2019, online). Emotional Underarousal and Overarousal Pathways to Relational Aggression: Interactive effects of Relational Victimization, Physiological Reactivity, and Emotional Sensitivity. *Journal of Abnormal Child Psychology*.
- Rothenberg, W.A., Anton, M.T., Gonzalez, M., Khavjou, O., **Breslend, N.L.**, & Jones, D.J. (2018, online). BPT for early-onset behavior disorders: Examining the link between treatment components and trajectories of child internalizing symptoms. *Behavior Modification*. doi: 10.1177/0145445518801344
- Breslend, N.L.**, Shoulberg, E., Wagner, C., Holterman, L.A., & Murray-Close, D. (2018). Biosocial interactions between relational victimization and physiological stress reactivity in relation to anxious/depressive symptoms and cognitive biases in adolescent girls. *Merrill-Palmer Quarterly*, *64*(1).
- McQuade, J., **Breslend, N.L.**, & Groff, D. (2018). Experiences of physical and relational victimization in children with ADHD: The role of social problems and aggression. *Aggressive Behavior*, *44*(4), 416-425. doi: 10.1002/ab.21762
- Peisch, V., Sullivan, A., **Breslend, N.L.**, Benoit, R., Sigmon, S., Forehand, G., Stolin-Gotzman, J., & Forehand, R. (2018). Parental opioid abuse: A review of child outcomes, parenting, and parenting interventions. *Journal of Child and Family Studies*, *27*(7), 2082-2099. doi: 10.1007/s10826-018-1061-0

- Breslend, N.L.**, Shoulberg, E., Murray-Close, D., & McQuade, J. (2018, online). The social costs of being a wannabe: Moderating effects of gender and popularity on the association between popularity goals and forms of victimization. *Journal of Youth and Adolescence*. doi: 10.1007/s10964-018-0810-0
- Breslend, N.L.**, Parent, J., Forehand, R., Peisch, V. & Compas, B.E. (2017). The impact of a family group cognitive-behavioral preventive intervention with families of depressed parents on youth social problems through reductions in child internalizing problems. *Development and Psychopathology*, 1-13. doi: 10.1017/S0954579417001821
- Peisch, V., **Breslend, N.L.**, Jones, D.J., MacFarlane, M., & Forehand, R. (2017). Young children with behavior disorders in low-income families: The role of clinic observations in the assessment of parenting. *Evidence-Based Practice in Child & Adolescent Mental Health*, 2(3-4), 201-211. doi: 0.1080/23794925.2017.1393638
- Murray-Close, D., Holterman, L.A., **Breslend, N.L.**, & Sullivan, A.D. (2017). Psychophysiology of proactive and reactive relational aggression. *Biological Psychology*, 77-85. doi: 10.1016/j.biopsycho.2017.10.005
- Forehand, R., Parent, J., Peisch, V., Sonuga-Barke, E., Long, N., **Breslend, N.L.**, & Abikoff, H.B. (2017). Do parental ADHD symptoms reduce the efficacy of parent training for preschool ADHD? A secondary analysis of a randomized controlled trial. *Behaviour Research and Therapy*, 97, 163-169. doi: 10.1016/j.brat.2017.08.002
- Pomerantz, H., Parent, J., Forehand, R., **Breslend, N.L.**, & Winer, J. (2017). Pubertal timing and youth internalizing psychopathology: The role of relational aggression. *Journal of Child and Family Studies*, 26(2), 416-423.
- Holterman, L.A., Murray-Close, D., & **Breslend, N.L.** (2016). Relational victimization and depressive symptoms: The role of autonomic nervous system reactivity in emerging adults. *International Journal of Psychophysiology*, 110, 119-127.
- Breslend, N.L.**, Parent, J., Forehand, R., Compas, B.E., Thigpen, J.C., & Hardcastle, E. (2016). Parental depressive symptoms and child internalizing and externalizing problems: The moderating role of interparental conflict. *Journal of Family Violence*, 31(7), 823-831.
- Sanders, W., Parent, J., Forehand, R., & **Breslend, N.L.** (2016). The roles of general and technology-related parenting in managing youth screen time. *Journal of Family Psychology* 30(5), 641-646.
- Abaied, J., Wagner, C., **Breslend, N.L.**, & Flynn, M. (2016). Respiratory sinus arrhythmia as a predictor of disordered eating in college students: Moderation by responses to stress and parent psychological control. *Eating Behaviors*, 21, 109-115.
- Winer, J., Parent, J., Forehand, R., & **Breslend, N.L.** (2016). Interactive effects of psychosocial stress and early pubertal timing on adolescent depressive and anxious symptoms: Contextual amplification in family and peer environments. *Journal of Child and Family Studies*, 25(5), 1375-1384.
- Forehand, R., Parent, J., Golub, A., Reid, M., & **Lafko, N.** (2015). Involvement in childrearing and firm control parenting by male cohabiting partners in black low-income stepfamilies: Forecasting adolescent problem behaviors. *Behavior Modification*, 1-16.
- Lafko, N.**, Murray-Close, D., & Shoulberg, E., (2015). Negative peer status and relational victimization: Moderating role of stress physiology. *Journal of Clinical Child and Adolescent Psychology*, 44(3), 405-416.

Forehand, R. **Lafko**, N., Parent, J., & Burt, K. (2014). Is parenting the mediator of change in behavioral parent training for externalizing problems of youth? *Clinical Psychology Review*, 34(8), 608-619.

Murray-Close, D., Crick, N.R., Tseng, W., **Lafko**, N., Burrows, C., Pitula, C., & Ralston P. (2014). Autonomic reactivity to stress and physical and relational aggression: The moderating roles of victimization, type of stressor, and child gender. *Development and Psychopathology*, 3(26), pp 589-603.

EDITED CHAPTERS

Murray-Close, D., **Breslend**, N.L., & Holterman, L.A. (2018). Psychophysiology indicators of relational aggression. In S.M. Coyne & J.M. Ostrov (Eds.), *The Development of Relational Aggression*. Location: NY, NY. Oxford University Press.

UNPUBLISHED MANUALS

Bielawski-Branch, A., Jorgenson, J., **Breslend**, N.L., Forehand, R., & Strolin-Goltzman, J. (2017). *TIPS: A trauma informed parenting workshop for foster families - Three day outline. Unpublished training manual*, University of Vermont, Burlington, VT.

MANUSCRIPTS UNDER REVIEW

Jones, D., Loisel, R., Georgeson, A., Zachary, C., Highlander, A., Turner, P., Youngstrom, J., Gonzalez, M., Anton, M.T., Khavjou, O., **Breslend**, N.L., & Forehand, R. (under review). Optimizing Engagement in BPT for Early-Onset Behavior Disorders: Efficacy of a Technology-Enhanced Treatment Model

Gotzman-Strolin, J., **Breslend**, N.L., Wood, V., Krompf, A. (under review). The relationship between interprofessional collaboration, transformative leadership, and secondary traumatic stress management among the child welfare and mental health workforce.

MANUSCRIPTS IN PREPARATION

Breslend, N.L., Murray-Close, D., & Nelson, D. (in preparation). The development and psychometric assessment of the Relational/Social Aggression in Adulthood Measure.

Breslend, N.L., Shoulberg, E., Murray-Close, D., & Crick, N.R. (in preparation). Gender differences in the short-term longitudinal processes linking forms of aggression and academic effort in middle childhood.

Holterman, L.A., Murray-Close, D., **Breslend**, N.L., & Sullivan, A. (in preparation). Physiological stress reactivity predicting romantic relational aggression moderated by HAB and emotional sensitivity.

PROFESSIONAL PRESENTATIONS

*Denotes mentored University of Vermont undergraduate student

Oral Paper Presentations

Murray-Close, **Breslend**, N.L., & Sullivan, A. (2018, June). Does relational victimization "get under the skin"? Associations between relational victimization and autonomic stress system reactivity. Invited presentation at the 7th Annual Conference on Relational Aggression, Philadelphia, PA.

Ostrov, J., Murray-Close, D., Blakely-McClure, S., Perry, K., Mutignani, L., Probst, S., Kesselring, S.A., & **Breslend**, N.L. (2018, June). The development of forms and functions of aggression: Preliminary findings from the PEERS project. Invited presentation at the 7th Annual Conference on Relational Aggression, Philadelphia, PA.

- Murray-Close, D., **Breslend, N.L.**, & Sullivan, A. (2018, April). Relational victimization across contexts predicts disordered eating: Moderation by physiological stress reactivity and gender. In Juan Casas (Chair), *Peer Victimization and Disordered Eating*. Symposium presentation at the 2018 Biennial Society for Research on Adolescence Conference, Minneapolis, MN.
- Murray-Close, D., **Breslend, N.L.**, & Sullivan, A. (2018, April). Physiological stress system interactions distinguish shyness from unsociability in preadolescents. In Dianna Murray-Close (Chair), *Physiology, Social Behavior, and Adjustment*. Symposium presentation at the 2018 Biennial Society for Research on Adolescence Conference, Minneapolis, MN.
- Jones, D.J., Forehand, R., Newey, G., Khavjou, O., Honeycutt, A., Anton, M., Gonzalez, M., **Breslend, N.L.**, & Peisch, V. (2016, June). Using technology as a vehicle to strengthen and extend treatment effects with families of children with early onset behavior disorders. In Joshua Broderick (Chair), *Online Solutions for Child Mental Health*. Symposium presentation at the World Congress, 8th World Congress of Behavioral and Cognitive Therapies, Melbourne, Australia.
- Parent, J., Forehand, R. **Lafko, N.**, Compas, B. (2015, May). Parenting as the mediator of change in behavioral parent training: A review and call for research. Symposium presentation at the 27th annual meeting of the Association for Psychological Science (APS), New York, NY.
- Sullivan*, A., **Lafko, N.**, & Murray-Close, D. (2014, March). The predictive effect of social status goals on depressive symptoms. Symposium presentation at the 2014 Annual Meeting of the Eastern Psychological Association, Boston, M.A. *Recipient of the Psi Chi Eastern Regional Research Award*.
- Lafko, N.**, Shoulberg, E., & Murray-Close, D. (2013, April). Physiological reactivity predicting relational aggression: The moderating roles of gender and functions of aggression. In Dianna Murray-Close (Chair), *Autonomic Reactivity to Stress and Forms and Functions of Aggression: Moderating Factors across Development*. Symposium presentation at the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, Washington.
- Murray-Close, D. Crick, N.R., Tseng, W., **Lafko, N.**, Burrows, C., & Pitula, C. (2013, April). Autonomic reactivity to stress and physical and relational aggression: The moderating roles of victimization, type of task, and child gender. In Dianna Murray-Close (Chair), *Autonomic Reactivity to Stress and Forms and Functions of Aggression: Moderating Factors across Development*. Symposium presentation at the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, Washington.
- Shoulberg, E, McQuade, J., **Lafko, N.**, Wagner, C., & Murray-Close, D. (2013, April). Associations among relational victimization, hostile attribution bias, and conflict resolution skills: The moderating role of physiological reactivity. In Jamie Ostrov (Chair), *The Development of Hostile Attribution Biases and Peer Victimization*. Symposium presentation at the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, Washington.

Poster Presentations

- Kunsmann, E., Murray-Close, D., **Breslend, N.**, Sullivan, A. (2019, March). Anxious Rejection Sensitivity and Problem Eating Behaviors: The Moderating Role of Skin Conductance Reactivity. Poster presented at the 2019 Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland.
- Sullivan, A. D., **Breslend, N. L.**, Strolin-Goltzman, J., Bielawski-Branch, A., Jorgenson, J., Hemenway, A., Forehand, G., & Forehand, R. (June 2019). Leveraging smartphone technology in trauma-informed behavioral parent training for foster caregivers. Poster to be presented at the 2019 International Society for Research in Child and Adolescent Psychopathology Conference. Los Angeles, CA.

- Peisch, V., Sullivan, A., **Breslend, N.L.**, Benoit, R., Sigmon, S., Forehand, G., Strolin, J., Forehand, R. Parental opioid abuse: A review of child outcomes, parenting, and parenting interventions (2018, October). Poster presented at the Vermont Center on Behavior and Health Conference, Burlington, VT.
- Sullivan, A. D., Benoit, R., **Breslend, N. L.**, Vreeland, A., Forehand, R. & Compas, B. (2018, November). Is Parenting a Link Between Cumulative SES Risk and Child Outcomes? A Structural Equation Modeling Approach. Poster presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, D. C.
- Sullivan, A. D., Benoit, R., **Breslend, N. L.**, Vreeland, A., Forehand, R. & Compas, B. (2018, November). Cumulative Risk of Socioeconomic Status Factors in the Context of Parent Depression: Are There Associations with Child Outcomes?. Poster presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, D. C.
- Breslend, N.L.**, Parent, J., Forehand, R., Peisch, V., Reeslund, K., & Compas, B. (2017, April). Children of parents with a history of MDD: Impact of a prevention on social problems through reductions in internalizing problems. Poster presented at the 2017 Biennial Meeting of the Society for Research in Child Development, Austin, Texas.
- Sullivan, A., Murray-Close, D., Holterman, L.A. & **Breslend, N.L.**, (2017, April). Physiological stress reactivity predicting romantic relational aggression moderated by HAB and emotional sensitivity. Poster presented at the 2017 Biennial Meeting of the Society for Research in Child Development, Austin, Texas.
- Sullivan, A., Murray-Close, D., Holterman, L.A., **Breslend, N.L.**, (2017, April). Social anxiety predicting relational aggression: The moderating roles of peer rejection and gender. Poster presented at the 2017 Biennial Meeting of the Society for Research in Child Development, Austin, Texas.
- Peisch, V., Forehand, R., Parent, J., Songuna-Burke, E., **Breslend, N.L.**, & Abikoff, H. (2017, April). Do parent ADHD symptoms matter? A secondary analysis of a randomized controlled trial of behavioral parent training. Poster presented at the 2017 Biennial Meeting of the Society for Research in Child Development, Austin, Texas.
- Pomerantz*, H., Parent, J., Forehand, R., **Breslend, N.L.**, & Winer, J. (October, 2016). Pubertal timing and youth internalizing psychopathology: The role of relational aggression. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) 2016 Annual Meeting, New York, NY.
- Pomerantz*, H., Kicza, D.*, **Lafko, N.**, & Murray-Close, D. (April, 2015). The relationship between physiological stress reactivity, eating disorder symptomatology, and the desire to be popular. Poster presented at the 2015 University of Vermont Student Research Conference, Burlington, VT.
- Kominek*, V., **Lafko, N.**, Parent, J.M., & Forehand, R. (April, 2015). Change in income of cohabitating mothers: Association with youth problems. Poster presented at the 2015 University of Vermont Student Research Conference Burlington, VT.
- Lafko, N.**, Murray-Close, D., & Holterman, L.A. (2015, March). Victimization predicting physiological reactivity: The moderating role of gender. Poster presented at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.
- Lafko, N.**, Parent, J., Forehand, R., Golub, A., & Reid, M. (2015, March). Involvement in childrearing and firm control parenting by male cohabiting partners: Forecasting adolescent problem behaviors. Poster presented at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.

- Kurmin*, M., **Lafko, N.**, & Murray-Close, D. (2015, March). Academic importance predicting heart rate reactivity to academic situations: The moderating role of hostile attribution biases. Poster presented at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.
- Parent, J., Sanders, W., **Lafko, N.**, & Forehand, R. (2015, March). How parents manage children's screen time: Is positive parenting enough? Poster presented at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.
- Holterman, L.A., Sullivan, A., Murray-Close, D., & **Lafko, N.** (2015, March). The relationship between popularity goals and depression, moderated by physiological reactivity and gender. Poster presentation at the Society for Research on Child Development (SRCD) 2015 Biennial Meeting, Philadelphia, PA.
- Lafko, N.**, Parent, J., Forehand, R., Burt, K.B. (2014, November). Is parenting the mediator of change in behavioral parent training for externalizing problems of youth? Poster presentation at the Association for Behavioral and Cognitive Therapies (ABCT) 2014 Annual Meeting, Philadelphia, PA.
- Lafko, N.**, Shoulberg, E., & Murray-Close, D. (2013, April). Depressive symptoms in female adolescents: Associations with physiological reactivity to social stress and relational victimization. Poster presentation at the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, Washington.
- Shoulberg, E., McQuade, J., **Lafko, N.**, & Murray-Close, D. (2013, April). The social costs of being a wannabe: Moderating effects of gender and popularity on the association between popularity goals and forms of victimization. Poster presentation at the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, Washington.
- Lafko, N.** & Murray-Close, D. (2012, March). Proactive and reaction functions of relational aggression and internalizing symptoms: Peer mechanisms of influence. Poster presentation at the 14th Biennial Meeting of the Society for Research on Adolescence, Vancouver, BC, Canada.
- Lafferty, K. & **Lafko, N.** (2012, March). The association between the need to belong and relational aggression: The moderating role of rejection. Poster presentation at the 14th Biennial Meeting of the Society for Research on Adolescence, Vancouver, BC, Canada.

RESEARCH EXPERIENCE

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|------------|--|
| 2017- 2019 | Department of Psychological Science, University of Vermont
Research Assistant Professor
Project Title(s): <i>RPC+ Training for Foster Parents: An Efficacy Trial (Co-PI); FosterTIPS Smartphone Application Development; Technology to Enhance Treatment for Early Conduct Problems in Low Income Families (National Institute of Mental Health R01 Grant)</i>
Supervisor: Dr. Rex Forehand |
| 2014- 2017 | Department of Psychological Science, University of Vermont
Graduate Research Assistant
Project Title(s): <i>FosterTIPS Smartphone Application Development; Technology to Enhance Treatment for Early Conduct Problems in Low Income Families (National Institute of Mental Health R01 Grant); The Parenting Navigator Pilot Project</i>
Advisor: Dr. Rex Forehand |
| 2012- 2017 | Department of Psychological Science, University of Vermont
Graduate Research Assistant |

Project Title(s): *College Peer Relationships Project, The Parenting Project, Peer Relationships Interview, College Academic Achievement and Relationships Project*
Advisor: Dr. Dianna “Annie” Murray-Close

- 2013 Department of Psychological Science, University of Vermont
Graduate Research Assistant
Project Title: *Are Parenting Behaviors Mediators of Change in Behavioral Parent Training?*
Advisor: Dr. Rex Forehand
- 2012 Department of Psychological Science, University of Vermont
Honors thesis
Project Title: *Functions of Relational Aggression and Eating Disorders: The Moderating Role of Relational Victimization and Gender*
Advisor: Dr. Dianna “Annie” Murray-Close
- 2011- 2012 Department of Psychiatry, University of Vermont
Undergraduate research assistant
Project Title: *The Neural Correlates of Relational Aggression Using a Social Conditioning Task*
Advisor: Emily Mazzulla, University of Vermont Doctoral Candidate
- 2011 Department of Psychological Science, University of Vermont
Undergraduate research assistant
Project Title: *Parenting and Responses to Stress in Emerging Adulthood*
Advisor: Dr. Jamie Abaied
- 2010- 2012 Department of Psychological Science, University of Vermont
Undergraduate research assistant
Project Title: *Does Structured before School Activity influence Attention, Learning and Behavior in Young Children? (National Institute of Mental Health R01 Grant)*
Advisor: Dr. Betsy Hoza
- 2010- 2011 Department of Psychological Science, University of Vermont
Undergraduate research assistant
Project Title: *Thinking, Mood and Taste Perceptions of Food; Cognitive-behavioral Therapy vs. Light Therapy for Preventing SAD Recurrence (National Institute of Mental Health R01 Grant).*
Advisor: Dr. Kelly Rohan
- 2009- 2012 Department of Psychological Science, University of Vermont
Undergraduate research assistant, Assistant Project Coordinator
Project Titles: *Social Interactions and Health; Peer Relationships and Academic Achievement Project; College Academic Achievement and Relationships Project*
Advisor: Dr. Dianna “Annie” Murray-Close

WORKSHOP FACILITATION

April – University of Vermont, Trauma-Informed Training Academy,
2018, 2019 Burlington, Vermont

- Provided a two-day training workshop to child welfare workers/supervisors, teachers, and other participants on utilizing evidence-based parent training (Helping the Noncompliant Child) with children who have experienced trauma

PROFESSIONAL ACTIVITIES

Review Experience

Journal of Psychopathology and Behavioral Assessment, Editorial Board (2017-Present)

Aggressive Behavior, Ad Hoc Reviewer

Child Development, Ad Hoc Reviewer

Child and Youth Services Review, Ad Hoc Reviewer

Development and Psychopathology, Ad Hoc Reviewer

European Review of Applied Psychology, Ad Hoc Reviewer

Journal of Abnormal Child Psychology, Ad Hoc Reviewer

Journal of Applied Developmental Psychology, Ad Hoc Reviewer

Journal of Child and Family Studies, Ad Hoc Reviewer

Journal of Clinical Child and Adolescent Psychology, Ad Hoc Reviewer

Journal of Early Adolescence, Ad Hoc Reviewer

Merrill-Palmer Quarterly, Ad Hoc Reviewer

Psychological Bulletin, Ad Hoc Reviewer

Psychophysiology, Ad Hoc Reviewer

Professional Training/ Continuing Education

September 6 th – 8 th , 2019	Institute attendee, <i>Institute on Violence, Abuse, and Trauma</i> , San Diego, C.A.
November, 2018	Online Training Attendee, <i>Trauma-Informed Parenting</i> , Foster Parent College Online
March 22 nd & 23 rd , 2018	Symposium Attendee, <i>The University: A Sanctuary or an Arena? Fostering Inclusive and Difficult Conversations</i> , University of Vermont, Burlington, Vermont
October 23 rd , 2017	Workshop Attendee, <i>Dealing with Bias on Campus: Research and Clinical Perspectives on Ideology and Hatred</i> , University of Vermont, Burlington, Vermont Workshop leader: Edward Dunbar, Ph.D.
June 2 nd -3 rd , 2015	Training Attendee, <i>Biolog Physiology Equipment: Data collection, downloading, and preparation</i> , University of Vermont, Burlington, Vermont Training Leader: Dianna “Annie” Murray-Close, Ph.D.
September 8 th – 11 th , 2014	Institute Attendee, <i>Complex Trauma in Torture Survivors Institute</i> , St. Louis, M.O
April 18 th , 2014	Training Institute Attendee, <i>Comprehensive Behavioral Intervention for Tics</i> , University of Vermont, Burlington, Vermont Training Leader: Douglas Woods, Ph.D., <i>Western Michigan University</i>
March 14 th , 2013	Completed <i>Trauma-Focused Cognitive Behavior Therapy web-based course</i> , The National Child Traumatic Stress Network

GRADUATE STUDENT DISSERTATION COMMITTEES

2019 Student: Caroline Martin
Role: Committee Member
Thesis: The Developmental Course of ADHD in the Preschool Classroom:
Toward a Prevention Treatment Framework

SERVICE ACTIVITIES

2017 Graduate Student Teaching Committee, Faculty member
2017 Diversity Committee, Diversity in Teaching Subcommittee, Faculty member
2016-2017 Task Force on Graduate Student Teaching, Graduate Student Representative
